2024-12-28 Meditation for the Fourth Day in the Octave of Christmas is now available at: https://pgimf.org/meditations/

Theme song (7th-century hymn):

Creator of the stars of night Your people's everlasting light, O Christ, Redeemer of us all, We pray you hear us when we call

In sorrow that the ancient curse Should doom to death a universe

Psalm 73

Lyrics Translated by Myles Coverdale (1488-1569)

Music: Henry Thomas Smart (1813-1879)

Artists: The Choir of Lincoln Cathedral, Colin Walsh (organ), Aric Prentice (dir.)

https://www.youtube.com/watch?v=QhYPzNxWMdY

Book III:

Quam bonus Israel

[Full choir]

TRULY God is loving unto Israel: * even unto such as are of a clean heart.

[God is loving, but \dots I began to have my doubts.]

2 Nevertheless, my feet were almost gone, * my treadings had well-nigh slipt.

[The two sides of the choir alternate verses]

3 And why? I was grieved at the wicked: * I do also see the ungodly in such prosperity.

[A long list of how wrong doers get ahead.]

- 4 For they are in no peril of death; * but are lusty and strong.
- 5 They come in no misfortune like other folk; * neither are they plagued like other men.
- 6 And this is the cause that they are so holden with pride, * and overwhelmed with cruelty.
- 7 Their eyes swell with fatness, * and they do even what they lust.
- 8 They corrupt other and speak of wicked blasphemy; * their talking is against the Most High.

- 9 For they stretch forth their mouth unto the heaven, * and their tongue goeth through the world.
- 10 Therefore fall the people unto them, * and thereout suck they no small advantage.
- 11 Tush, say they, how should God perceive it? * is there knowledge in the Most High.
- 12 Lo, these are the ungodly, * these prosper in the world, and these have riches in possession:
- 13 And I said, Then have I cleansed my heart in vain, * and washed my² hands in innocency.
- 14 All the day long have I been punished, * and chastened every morning.
- 15 Yea, and I had almost said even as they; * but lo, then I should have condemned the generation of thy children.
- 16 Then thought I to understand this; * but it was too hard for me,
- 17 Until I went into the sanctuary of God: * then understood I the end of these men.

[Full choir]

18 Namely, how thou dost set them in slippery places, * and castest them down, and destroyest them.

[The two sides of the choir alternate verses]

- 19 0 how suddenly do they consume, * perish, and come to a fearful end!
- 20 Yea, even like as a dream when one awaketh; * so shalt thou make their image to vanish out of the city.
- 21 Thus my heart was grieved, * and it went even through my reins.
- 22 So foolish was I, and ignorant, * even as it were a beast before thee.

[New music, reflecting that the psalmist is resolved to remain steadfast. Full choir.]

- 23 Nevertheless, I am alway by thee; * for thou hast holden me by my right hand.
- 24 Thou shalt guide me with thy counsel, * and after that receive me with glory.

[The two sides of the choir alternate verses]

- 25 Whom have I in heaven but thee? * and there is none upon earth that I desire in comparison of thee.
- 26 My flesh and my heart faileth; * but God is the strength of my heart, and my portion for ever.

[Full choir]

27 For lo, they that forsake thee shall perish; * thou hast destroyed all them that are unfaithful unto thee.

28 But it is good for me to hold me fast by God, to put my trust in the Lord GOD, * and to speak of all thy works in the gates of the daughter of Sion.

Glory be to the Father, and to the Son, and to the Holy Ghost: as it was in the beginning, is now, and ever shall be, world without end. Amen.

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